



THE SEASON OF **lent**

WELCOME

Welcome to the **NOON SERVICE!** We are an informal, liturgical

community of faith and struggle. We seek an authentic expression of the ancient Christian faith for the modern world. We welcome questions and doubts, believe in justice and mercy for all, long for a world free from hatred, hunger and despair and follow Jesus into loving, liberating, life-giving relationship with God.

All are welcome to participate in this service, including children.

NURSERY CARE is also available (*nursery is down the stairs and to the left*). Once a month, we have Brunch Church. We'd love to have you join us!

We are in the season of Lent, a time to lay bare all that separates us from God and one another. Traditionally, this is a time for devotional practices, engaging in self-examination, prayer, fasting, and meditating on God's word as we seek transformation. This season is also an invitation to tell the truth about the world around us, to change our hearts and our ways, and to participate in God's work of breaking the chains of injustice. We are called like Jesus--to set our face toward Jerusalem, preparing ourselves to enter deeply into the suffering of the world around us and to seek the redemption of all that is broken in our lives.

We invite you to use this season to take some time to examine your own motives and priorities and to stay awake to injustice. Here at the noon service, after the gathering song, we will begin the season of Lent in silence and with confession.

The color purple is used throughout the church during the Lenten season to symbolize penitence, humility and wisdom (a practice that dates back to the Medieval era).

The People's responses are in **bold**.

Silence

Confession

Let us confess our sins.

Merciful God, we have sinned in what we have thought and said, in the wrong we have done and in the good we have not done. We have sinned in ignorance: we have sinned in weakness: we have sinned through our own deliberate fault. We are truly sorry. We repent and turn to you. Forgive us, for our Saviour Christ's sake, and renew our lives to the glory of your name. Amen.

Absolution

Through the cross of Christ, God have mercy on you, pardon you and set you free. Know that you are forgiven and be at peace. God strengthen you in all goodness and keep you in life eternal. **Amen.**

Kyrie

Kyrie Eleison is Greek for 'Lord have mercy.' It is an ancient sung prayer of the church and emerges from the first prayer book - the Book of Psalms. We sing it in Lent to confess how much we need God's help in our lives.

Kyrie, Eleison

Christe, Eleison

Kyrie, Eleison

Gathering Song

Opening Prayer

The Lord be with you.

And also with you.

Let us pray.

(*The Celebrant reads the prayer of the day and the people respond with **Amen**.*)

Readings

A Reading from

After each Reading, the Reader may say

Hear what the Spirit is saying to God's people.

Thanks be to God.

The Psalm

During Lent, along with readings from the Old and New Testament, we will be collectively reading from the Psalms, one side of the room reading one verse and the other responding with the next verse.

(please stand for the reading of the Gospel)

The Holy Gospel of our Lord Jesus Christ according to
Glory to you, Lord Christ.

after the reading of the Gospel

The Gospel of the Lord.

Praise to you, Lord Christ.

Community Reflection on The Word

In community, we share our thoughts and reflections on scripture; we use the microphone as our talking stick and as a way to make sure all can hear what is being shared.

Affirmation of Faith

Hear O my people, the Lord our God, the Lord is one.

Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

This is the first and great commandment.

The second is like it: Love your neighbor as yourself.

There is no commandment greater than these.

Prayers of the People

It is our practice at the noon service for members of the community to pray one of the below petitions aloud as they feel moved. You may also choose to pray silently during this time.

Let us pray for the Church and for the world.

God of love, we pray for your church: gather us together as one body.

Equip us to carry out your work of reconciliation in the world.

God of freedom, we pray for our nation, and all the nations of the world: inspire all people with courage to speak out against hatred, to actively resist evil.

Unite the human family in bonds of love.

God of justice, we pray for the earth, your creation entrusted to our care: help us to recognize that we are standing on holy ground.

Stir up in us a commitment to tend the earth and protect all its resources.

God of peace, we pray for our neighbors and our city: kindle in every heart a desire for equality, respect, and opportunity for all.

Give us courage to strive for justice and peace among all people, beginning here at home.

God of mercy, we pray for all in any kind of need or trouble: for refugees and prisoners; for the sick and suffering, the lonely and despairing; for those facing violence; for all held down by prejudice or injustice.

Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons.

God of grace, we pray for those who have died: for the faithful in every generation who have worked for justice; for prophets who called us to be repairers of the breach.

Make us faithful to your call to proclaim your Good News, by word and example, that we may join in praising you with our words and our lives.

Celebrant:

O God, you made us in your own image and redeemed us through Jesus your Son. Look with compassion on the whole human family, take away the arrogance and hatred which infect our hearts, break down the walls that separate us, unite us in bonds of love, and work through our struggle and confusion to accomplish your purposes on earth, that all nations and races may serve you in harmony around your heavenly throne, through Jesus Christ our Lord. **Amen.**

The Peace

The peace of Christ be with you.

And also with you.

"If you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift" (Matthew 5:23-24).

THE PEACE is an ancient Christian practice and is offered as a sign of reconciliation, love, and renewed relationships in the Christian community. The people may greet one another with a sign of Christ's peace and may say "Peace be with you!" or something similar.

Offertory

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Please place your offering in the basket.

EUCARIST

The Holy Eucharist (which means 'thanksgiving') is the sacred meal of the church, where we respond to the call of Jesus to continue to break bread and share the cup in his name. It is a way for us to be in communion with God and one another. We pray remembering all that God has done and notice what God is doing even now.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

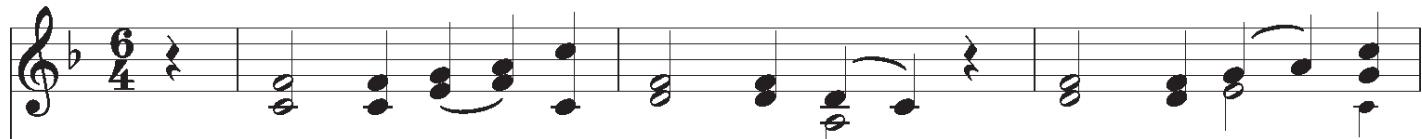
It is right to give God thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant.

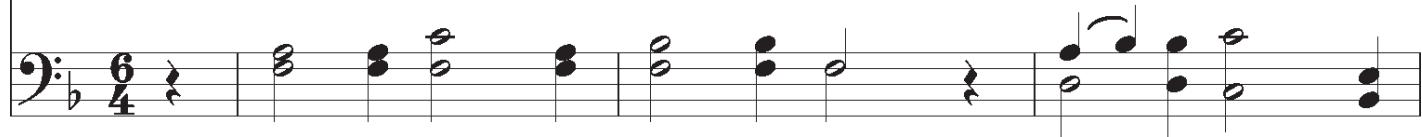
From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us.

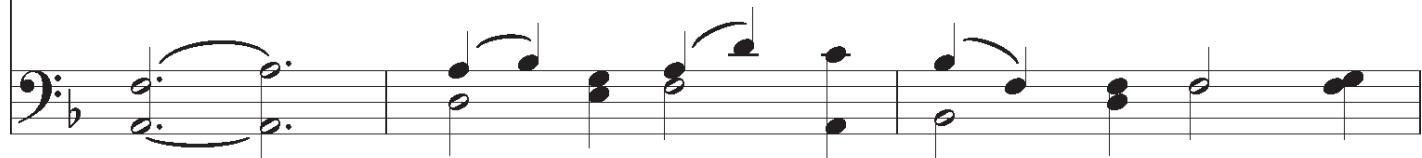
Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing,



Ho - ly, ho - ly, ho - ly Lord, God of power and



might, heaven and earth are full of your glo-ry. Ho -



san - na in the high-est. Bless-ed is the one who comes



in the name of the Lord. Ho - san - na in the
 high - est, Ho - san - na in the high - est.

Glory and honor and praise to you, holy and living God.

To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with (Mary and) all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as in heaven.**

**Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

Breaking of the Bread + Agnus Dei

We break this bread to share in the Body of Christ.

**We who are many are one body,
for we all share in the one bread.**

O Lamb of God that tak - est a - way the sins of the world, have mer - cy, have mer - cy on us.

O Lamb of God that tak - est a - way the sins of the world, have mer - cy, have mer - cy on us.

O Lamb of God that tak - est a - way the sins of the world, grant us thy peace.

An Invitation to Communion

The table of bread and wine is now to be made ready. It is the table of company with Jesus, and all who love him. It is the table of sharing with the poor of the world, with whom Jesus identified himself. It is the table of communion with the earth, in which Christ became incarnate. So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a while you who have tried to follow Jesus, and all of us who have failed;

Come. All are welcome. It is Christ who invites us to meet him here.

(please be seated)

If you wish to receive communion, please come forward as the spirit moves you. You can receive the bread and/or wine, by extending your hands and receiving the bread and taking a sip of the cup of wine or dipping your bread into the wine. If you would like to receive a blessing instead, come forward and cross your arms over your chest and we will happily offer a prayer for God's blessing upon you. You can also use this time as a way to pray for and contemplate God's movement in your life. Gluten free wafers are available.

Prayer after Communion

After Communion, the People stand to say the following Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.

The Blessing

May Christ who calls you to take up your cross, give you strength to bear your own and one another's burdens and the blessing of God almighty, Father, Son, and Holy Spirit, be with you and remain with you forever. **Amen.**

Closing Song *(musicians will lead)*

The Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.



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WHO'S WHO @ CHRIST CHURCH

The Very Rev'd Gail E. Greenwell, *Dean* (ggreenwell@cccath.org)

The Rev'd Canon Paul B. Williams, *Sub-Dean* (pwilliams@cccath.org)

The Rev'd Canon Karen B. Montagno, *Canon Missioner* (kmontagno@cccath.org)

Dan Carlson, *Director of Youth and Young Adults* (dcarlson@cccath.org)

Hannah Teetor, *Director of Children's Formation &*

Family Ministries (hteetor@cccath.org)

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Confession and Absolution: New Zealand Prayer book. Invitation to Communion adapted from The Iona Community, Iona Abbey Worship Book, (Glasgow, UK: Wild Goose Publications, 2001). Affirmation of Faith from Anglican Church of Canada. Eucharistic Prayer 2 and Post Communion Prayer: Enriching Our Worship I: Morning and Evening, The Great Litany, and the Holy Eucharist (New York: Church Publishing, 1998).

Our Noon Service Leadership Team: Drew Abbott, Dan Carlson, Patrick Daffin, Mary Henrickson, Michael Henrickson, Bailey Miller, Karen B. Montagno, Shane Stines, Kim Taylor, Hannah Teetor and Sara Williams. *If you are interested in learning more about the leadership team, or might be discerning a call to step into leadership, please be in touch with one of our leaders!*

To stay connected during the week, Join our Slack Channel: noon-service.slack.com